ARM64 architecture support to build on ARM based Mac

Since iOS SDK build 2.6.105, all iOS SDK frameworks support both iOS Simulator architecture slices: x86_64 to build on Intel Mac and arm64 to build on Mac M1 and other ARM based Mac.

Therefore, an architectures supported for building on a certain platform should be set in Podfile to use iOS SDK frameworks:

```
platform :ios, '9.1'
use_frameworks!
post_install do |installer|
 installer.pods_project.targets.each do |target|
   target.build_configurations.each do |config|
     config.build_settings["ONLY_ACTIVE_ARCH"] = "YES"
     config.build_settings["VALID_ARCHS[sdk=iphonesimulator*]"] = "arm64 x86_64"
     config.build_settings["VALID_ARCHS[sdk=iphoneos*]"] = "arm64"
     config.build_settings["VALID_ARCHS[sdk=ipados*]"] = "arm64"
     config.build_settings["ARCHS"] = "arm64 x86_64"
 end
end
target 'MyObjCApplication' do
 pod 'FPWCSApi2'
 pod 'FPWebRTC'
target 'MySwiftApplication' do
 pod 'FPWCSApi2Swift'
 pod 'FPWebRTC'
end
```